

Flouride Levels and Supplementation Recommendations for Utah County

Water Systems with less than 0.3 ppm Fluoride			
Alpine	Lindon	Birth through 5 months	No supplementation
American Fork	Mapleton	6 months thru 2 years	.25 mg
Cedar Fort	Orem	3 years through 5 years	.50 mg
Covered Bridge Canyon	Provo	6 years through 15 years	1.0 mg
ElkRidge	Salem		
Fairfield	Spring Lake		
Genola	Springdell		
Highland	Springville		
Lehi	Woodland Hills		
Water Systems Between 0.3 and .6 ppm Fluoride			
Alpine Cove Subdivision	Santaquin	Birth through 5 months	No supplementation
Elberta	Saratoga Springs	6 months through 2 years	No supplementation
Ensign - Bickford	Spanish Fork	3 years through 5 years	.25 mg
Goshen	Utah State Hospital	6 years through 15 years	.50 mg
Payson			
Pleasant Grove			
Water System above 0.6 ppm Fluoride			
Cedar Hills		All Ages	No Supplement
Eagle Mountain			
Manila			

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