



## Nutrition **YOU** need... ...when you need it **MOST!**

WIC families receive a variety of nutrition and health services, including:

- Individual nutrition assessments and classes to help families be healthy
- Nutritious foods such as fresh fruits and vegetables, cereal, whole grains, beans, peanut butter, milk, and yogurt
- Breastfeeding support, information classes and equipment, call (801) 851-7312

### **Eligibility Requirements**

You may be eligible for WIC services if you:

- Are pregnant
- Had a baby less than 6 months ago
- Are breastfeeding a baby under age 1
- Have a child under age 5
- WIC Income levels July 1, 2018-June 30, 2019

Household size*	Gross Monthly Income
1	\$1,872
2	\$2,538
3	\$3,204
4	\$3,870
5	\$4,536
6	\$5,202
7	\$5,868

\*Includes unborn child

Documentation needed to qualify includes:

- Identification for all who would qualify WIC
- Proof of address in Utah County
- Proof of household income

To apply for WIC in Utah County, please call  
801-851-7300 for an appointment.

### **Utah County WIC Clinics**

Provo Clinic

151 S. University Ave Ste 2100

Provo, Utah 84601

Open Monday through Friday

Orem Clinic

816 N. 980 W.

Orem, Utah

Open Tuesday through Friday

North County Clinic

599 S. 500 E.

American Fork, Utah

Open Mon, Tues AM, Wed & Thurs

South County Clinic

910 E. 100 N. Ste 125

Payson, Utah

Open Monday, Wednesday, & Friday

### **Clinic Hours**

Monday, Tuesday, Thursday, Friday:

8:00 am to noon; 1:00 to 5:00 pm

Wed: 9:30 am to 1:30 pm; 2:30 to 6:30 pm

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